### Quickly analyse nutrients, additives, and contaminants in food, feed, supplements, and beverages with PXRF and TXRF



Kimberley Russell, Esa Nummi, Hagen Stosnach, Armin Gross Bruker Nano GmbH, Berlin, Germany June, 2020



### Welcome

### **Speakers**

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**Fsa Nummi Director Product Management & Business** Development HMP/XMA

Dr. Hagen Stosnach Application Scientist TXRF Berlin, Germany

Dr. Armin Gross Global Product Manager TXRF Berlin, Germany







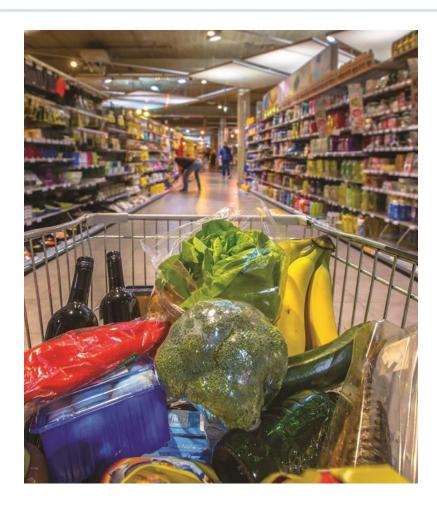




### Itinerary



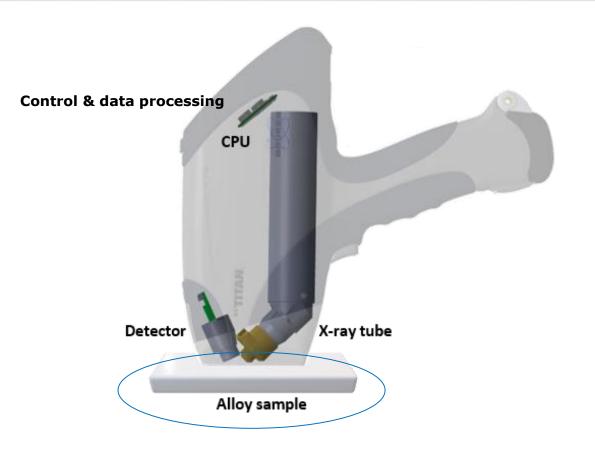
- Introduction
- PXRF and TXRF How does it work?
- Measurements with portable XRF
  - Measurement of mineral nutrients in animal feed
  - Elements monitored in processing chocolate and edible oil
  - Physical contaminants in human and pet food
- Ultra-trace analysis with TXRF
  - micronutrients and toxic elements in solid food samples
  - dietary supplement pills
  - milk samples
- Q & A



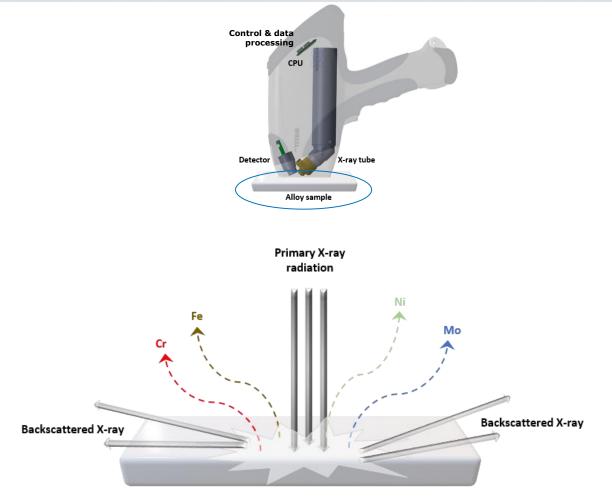


## PXRF and TXRF How does it work?

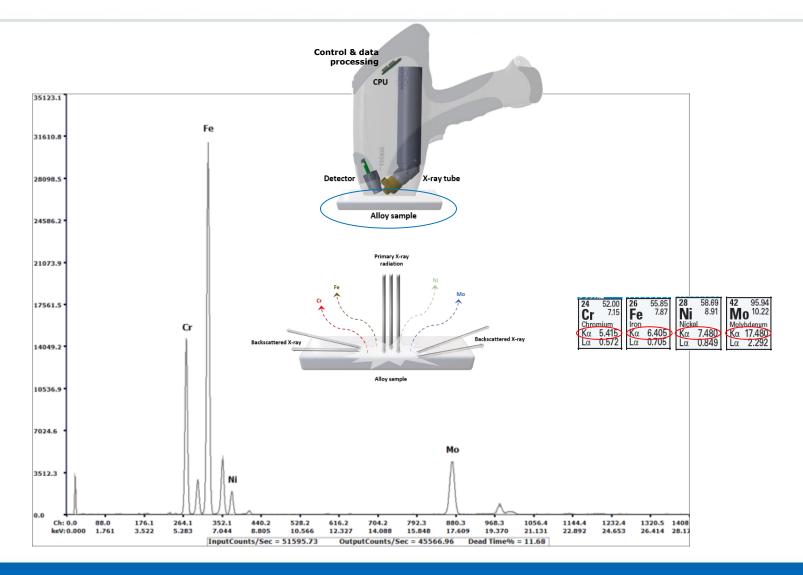




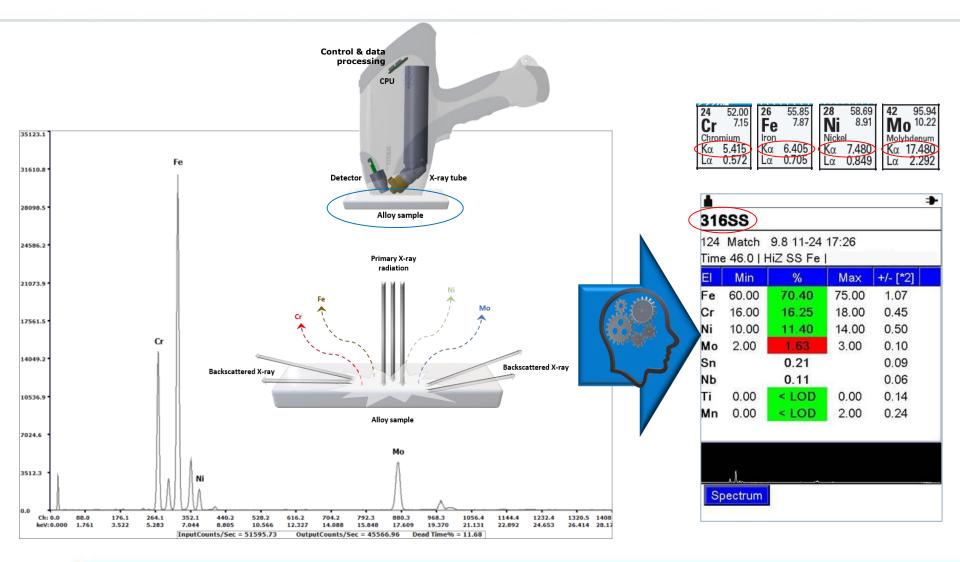








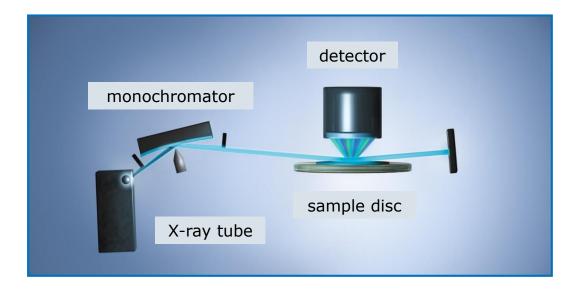




## Principles of TXRF



### Total reflection X-ray fluorescence spectroscopy

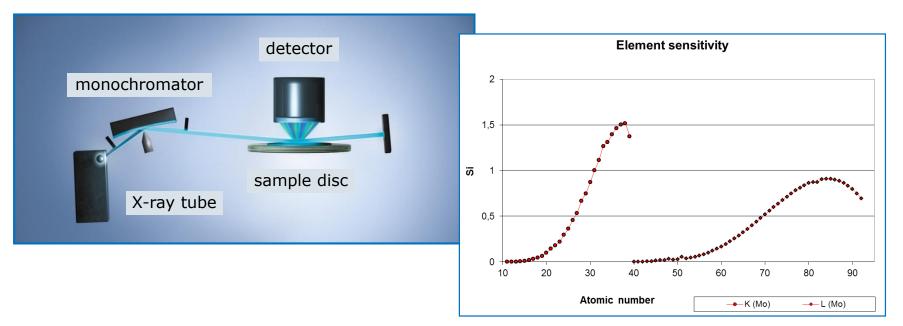


- Samples must be prepared on a reflective media
- Dried to a thin layer
- Matrix effects are negligible
- Quantification by internal standardization

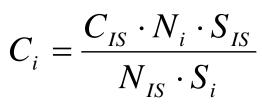
## Principles of TXRF



### Total reflection X-ray fluorescence spectroscopy



- Samples must be prepared on a reflective media
- Dried to a thin layer
- Matrix effects are negligible
- Quantification by internal standardization



### Elements of interest in food analysis





Quickly analyze nutrients, additives, and contaminants in food, feed, supplements, and beverages with portable XRF and T-XRF

- Macro mineral nutrients: Ca, P, Mg, Na, K, Cl, S
- Trace mineral nutrients: Fe, Mn, Cu, I, Zn, Co, F, Se
- Toxic elements: As, Cd, Hg, Pb
- Processing elements: P, Fe, and others
- Physical contaminants: bits of metal, ceramic, glass and plastic

S4 T-STAR TXRF for ultra low detection limits of elements from sodium to uranium. High volume sample analysis is possible with stackable trays.

TRACER 5i battery operated, handheld XRF for analysis of elements from sodium to uranium wherever and whenever needed.



### Measurement of mineral nutrients in animal feed with a portable XRF

## Application



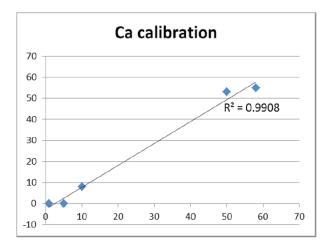


- Macromineral nutrients, such as calcium (Ca) and phosphorus (P), are just as important in animal food as they are in human food.
- The optimum ratio of Ca to P (Ca:P) in feed is particularly critical for laying hens because it helps balance support for skeletal growth, eggshell formation, and immune responses.
- Portable XRF enables the measurement of these and other elements where feed materials are received, at feeding sites, or in the lab.



#### Simple steps to measure elements in feed with a portable XRF

1. Create or purchase an elemental calibration for feed to be installed on the PXRF using reference samples with a similar base matrix and concentrations covering the range of interest.



2. Put crushed feed in sample cup and cover with film.

3. Place sample cup on XRF analysis window and close the cover.



4. Select the calibration and press start.



### Results

View results on screen as elements of interest, full composition, P/F, or spectra. Results are stored in the instrument, but can be saved onto a USB stick or transferred to another data collection system.



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Mg	0.67	0.42	
Si	0.35	0.02	
Р	0.30	0.01	
s	0.20	0.01	
к	0.93	0.01	
Са	0.48	0.01	
Сг	0.01	0.01	
Mn	0.01	0.01	
Fe	0.05	0.00	



## Application



- Salt is a critical component of a nutritionally balanced diet for animals.
- Insufficient amounts of sodium can lead to serious health and behavioral issues as well as to a decrease in feed utilization.
- Recommended amounts of salt vary depending on the animal, its location, and its activity.
- Portable XRF enables the measurement of sodium and other elements where feed materials are received, at feeding sites, or in the lab.





- Sodium is a very light (low energy) element which presents a challenge for PXRF analysis.
- The TRACER 5 handheld XRF can perform Na measurements with the use of a helium path and the removal of windows and films between the analyzer and the sample.
- These steps increase the transmission of light element Xrays which in turn increases the sensitivity of the measurement enabling the analysis of elements as light as Na.



BRUKER

- The TRACER 5 platform provides the ability to control the excitation conditions.
- Users can adjust the current and voltage directly on the interactive touch screen display.
- Users can select filters from the integrated filter wheel or insert user-designed filters.
- Users can select one of three measurement paths – air, vacuum, or helium.
- TRACER 5 control and live spectra analysis via PC is also possible.





 Good working detection limits of light elements can be achieved with the TRACER 5g (1 µm graphene detector window) or the TRACER 5i (8 µm beryllium detector window).

TRACER 5g				
Flomont	LOD (PPM)	Sensitivity		
Element		(Counts/PPM)		
Na	312	0.62		
Mg	122	2.13		
Al	134	4.41		
Са	24	14.04		
Fe	50	25.87		

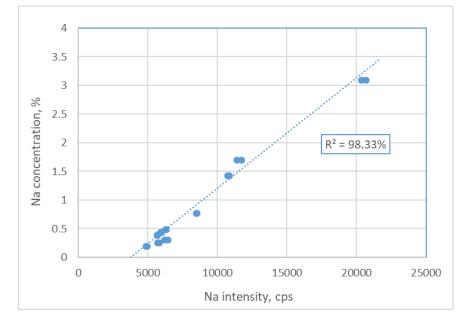
TRACER 5i				
Element	LOD (PPM)	Sensitivity		
Element		(Counts/PPM)		
Na	828	0.20		
Mg	185	1.17		
Al	177	3.08		
Са	22	16.10		
Fe	48	30.03		

- Selection of a helium flow path and the removal of the instrument analysis window are required.
- Samples should be put in a cup without any film covering and placed under the tube (nose down) to prevent debris from falling inside.





- Users can create or purchase a custom calibration to be installed on the TRACER for Na analysis, using reference samples with a similar base matrix and with concentrations covering the range of interest.
- The measurement conditions must be the same for reference and unknown samples, including the use of helium and the preparation and presentation of the samples.
- Qualitative identification or screening tests for Na in feed are also possible without the need of an installed calibration curve.



Correlation for measuring Na using balloon He atmosphere with a handheld XRF



# Elements monitored in processing chocolate and edible oil

### Application





- Iron (Fe) is an important mineral nutrient measured and reported in cocoa.
- It's also important to monitor Fe during production for taste consistency. In oxidative reactions, some iron compounds can result in off-flavors, colors, or odors.
- Iron is also monitored during production to prevent accidental Fe contamination from process equipment.
- Portable XRF enables the measurement of Fe and other elements where starting materials are received, on the production line, or in the lab.

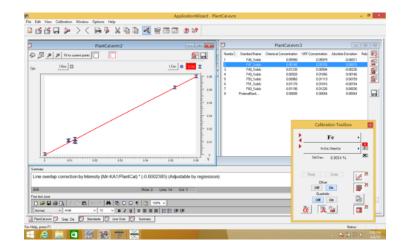


#### Simple steps to measure Fe in cocoa with a portable XRF

1. Create or purchase a calibration for Fe in cocoa to be installed on the PXRF using reference samples with a similar base matrix and concentrations covering the range of interest. 2. Put cocoa powder in sample cup and cover with film.

3. Place sample cup on XRF analysis window and close the cover.

4. Select the calibration and press start.







### Results

View results on screen as elements of interest, full composition, P/F, or spectra. Results are stored in the instrument, but can be saved onto a USB stick or transferred to another data collection system.



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	Min	PPM	Max	+/- [
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In		57		24
u		35		3
b		2		1
u		35		3



## Application





- Phosphorus is not an edible oil nutrient; however, its presence is important to monitor during processing.
- Measuring phosphorus helps monitor the refining of edible oils, especially important during the degumming process of seed oils, the settling of fruit oils, and the neutralization of all edible oils.
- Phosphorus measurements are indicative of phosphatide content which ultimately helps determine edible oil quality.
- Portable XRF enables the measurement of phosphorus and other elements where starting materials are received, on the production line, or in the lab.



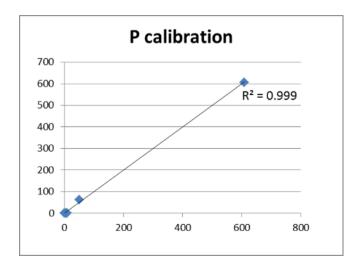
#### Simple steps to measure Phosphorus in edible oil with a portable XRF

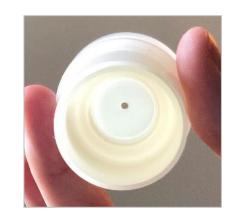
1. Create or purchase a calibration for Phosphorus in oil to be installed on the PXRF using reference samples with a similar base matrix and concentrations covering the range of interest.

2. Put oil in sample cup and cover with film.

3. Place sample cup on XRF analysis window and close the cover.

4. Select the calibration and press start.







### Results

View results on screen as elements of interest, full composition, P/F, or spectra. Results are stored in the instrument, but can be saved onto a USB stick or transferred to another data collection system.



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Fe	44	4	
S	19	1	
Cr	15	7	
Mn	10	5	
Cu	2	1	





# Physical contaminants in human and pet food

## Application



Illustration of baking production line equipment



Physical contaminants can enter food products from wear and tear of equipment



Metal



Stone and ceramic



Glass



Plastic and rubber

## Application

Typical

prevention



**1. Inspect** food material with X-ray or metal detector

- 2. <u>Detect</u> foreign body
- 3. <u>**Remove**</u> product containing foreign body



<u>Identify</u> found contaminant to determine its source
<u>Correct</u> issue based on source of the contaminant



Auger

Conveyor

Grinder/cutter

Mixer

Roller mill

Sorter/packager

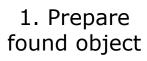


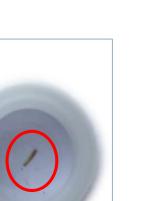


- Small physical contaminants found in food products can be identified on the production floor or in the lab with handheld XRF
- A found metal object can be ID'd with handheld XRF by quickly determining its composition, the type of metal alloy, and the alloy grade name.



### Simple steps to ID small metal contaminants with Handheld XRF







3. Position found object

4. Test & View Results









## TXRF analysis of micronutrients and toxic elements in solid food samples

### Introduction

## Nutrition-relevant elements, also called "minerals"

- Minerals are inorganic substances required by the body in small amounts for a variety of different functions.
  - involved in the formation of bones and teeth
  - essential constituents of body fluids and tissues
  - components of enzyme systems
  - involved in normal nerve function
- The body requires different amounts of each mineral; requirements depend on age, sex, physiological state (e.g. pregnancy) and state of health
- Nutrition-relevant elements are calcium, phosphorus, magnesium, sodium, potassium, chlorine, iron, zinc, copper, selenium and iodine (Source: British Nutrition Foundation)





### Introduction



### **Toxic elements**

- Because of the high consumption of food the control of toxic metals is also of high importance
- Limit values for As, Cd, Pb and Hg are applied

Heavy metals	Stated limit	Calculated daily	
neavy metals	(PTWI, weekly	limit (adult, 70 kg)	
Arsenic	15 μg inorganic arsenic/kg bw	150 µg	
Cadmium	7 μg cadmium/kg bw	70 µg	
Lead	25 μg lead/kg bw	250 µg	
Mercury	1,6 µg methylmercury/kg bw	16 µg	

Source: JEFCA: The Joint FAO/WHO Expert Committee on Food Additives; PTWI: provisional tolerable weekly intake

The control of other toxic metals like Cr, Ni, Co and U would be beneficial

## Introduction



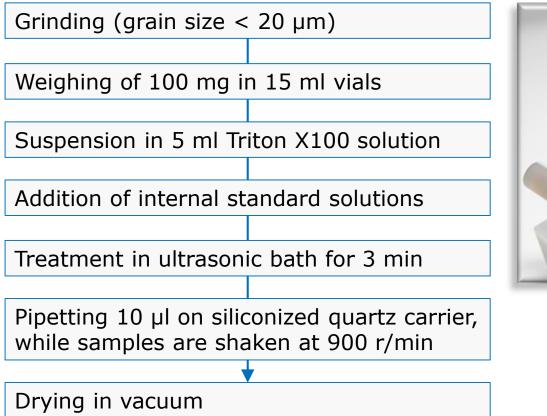
### Samples

- Round robin Cereal sample PTNATIAEA16 (<u>http://www.pt-nsil.com/</u>)
  - Nominal values from round robin test, applying different analytical techniques
  - Partly high number of outliers for the nominal values
- Certified reference standard NIST 1568a (rice flour)
  - Reference values based on measurements with high number of different analytical methods and laboratories

### Methods and Equipment Sample preparation



#### **Sample preparation**





### Methods and Equipment Measurements



#### **S2 PICOFOX**

- Mo tube, 50 kV/1000 μA
- 60 mm<sup>2</sup> XFlash SDD
- 25 position sample changer

#### **Measurements**

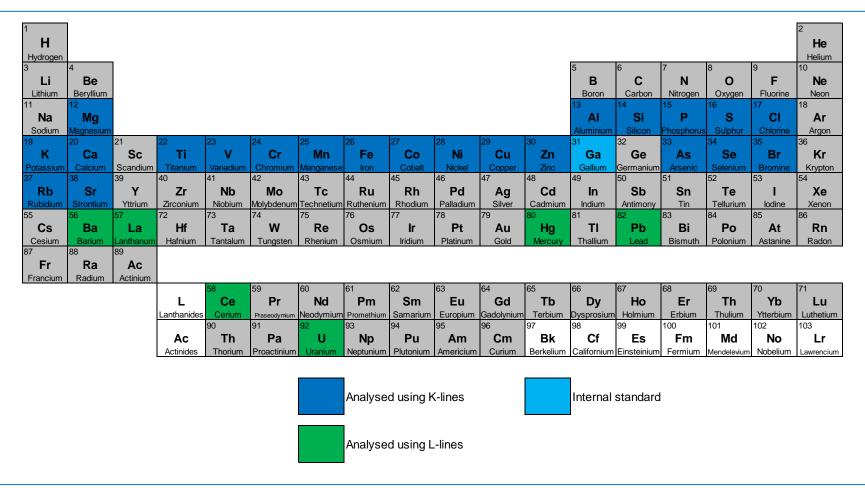
Mo-K excitation, 1000 s



### Methods and Equipment Measurements



#### S2 PICOFOX - Measurement program



#### 6/10/2020

### Methods and Equipment Measurements

### S4 T·STAR

- Mo tube, 50 kV/1000 μA
- W-tube, 50 kV/1000 μA
- Monochromator system for Mo-K, W-L and W-Brems monochromatization
- 60 mm<sup>2</sup> XFlash SDD
- 90 position sample changer

#### Measurements

- Mo-K excitation, 1000 s
- W-L excitation, 1000 s
- W-Brems excitation, 1000 s



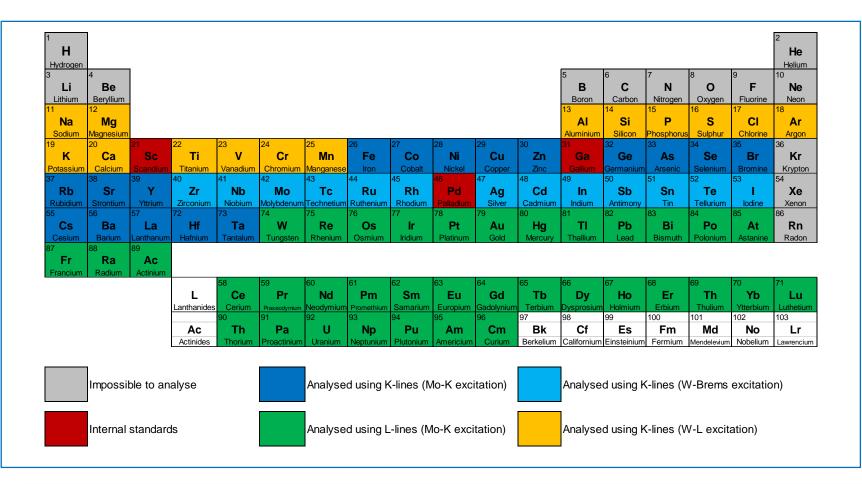




### Methods and Equipment Measurements



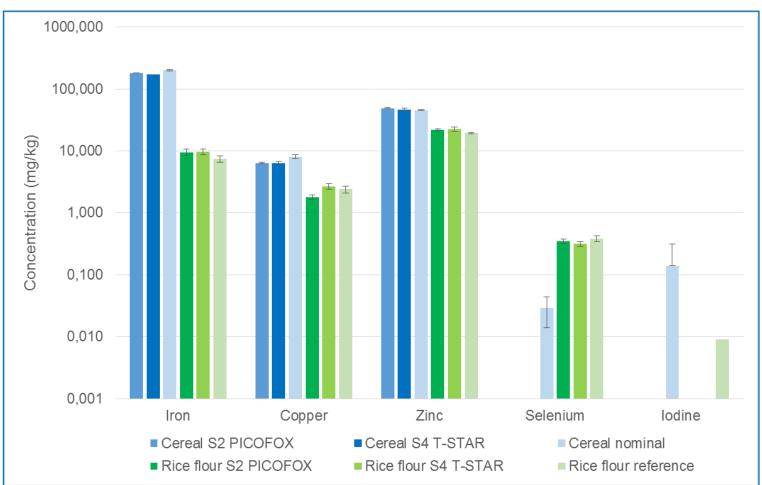
#### S4 T·STAR – Measurement program



### Results Micronutrients



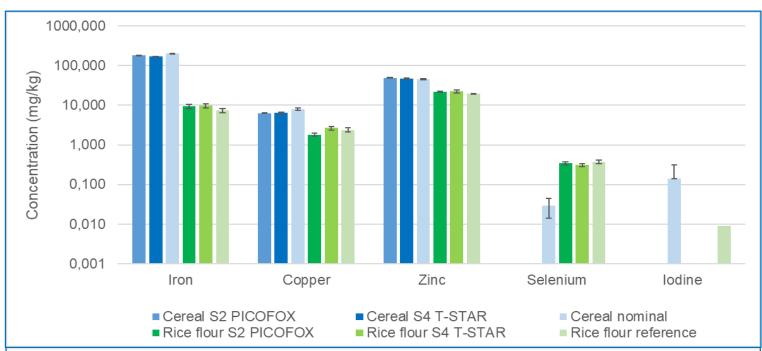
#### **Micronutrients**



### Results Micronutrients



#### **Micronutrients**

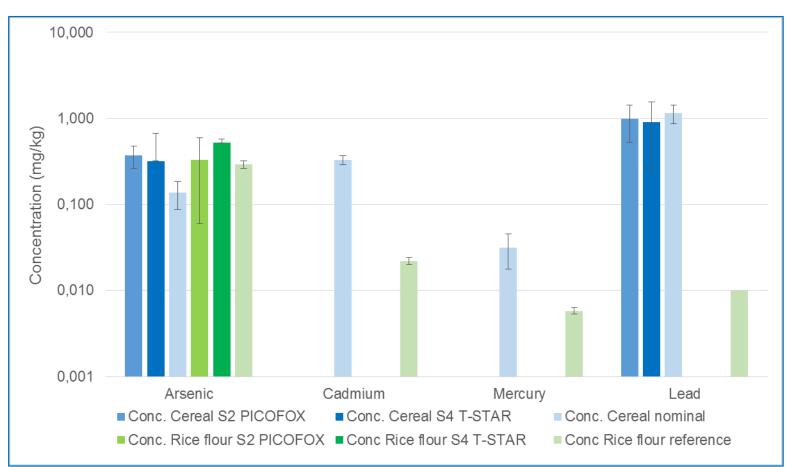


- Fe, Cu and Zn could be analyzed with good accuracy
- Se could be quantified accurately in rice flour, but was below the detection limit in cereals (e.g. 110 µg/kg for the S4 T-STAR)
- Iodine was present in concentrations distinctly below the detection limit of 20 mg/kg

#### 6/10/2020

### Results Toxic metals

### **Toxic heavy metals**

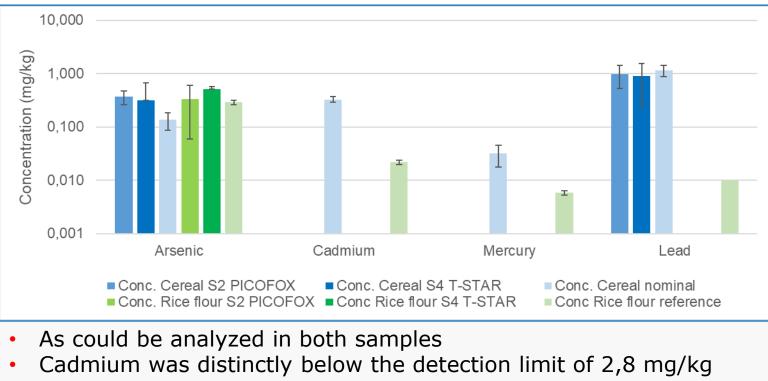




### Results Toxic metals



#### **Toxic heavy metals**

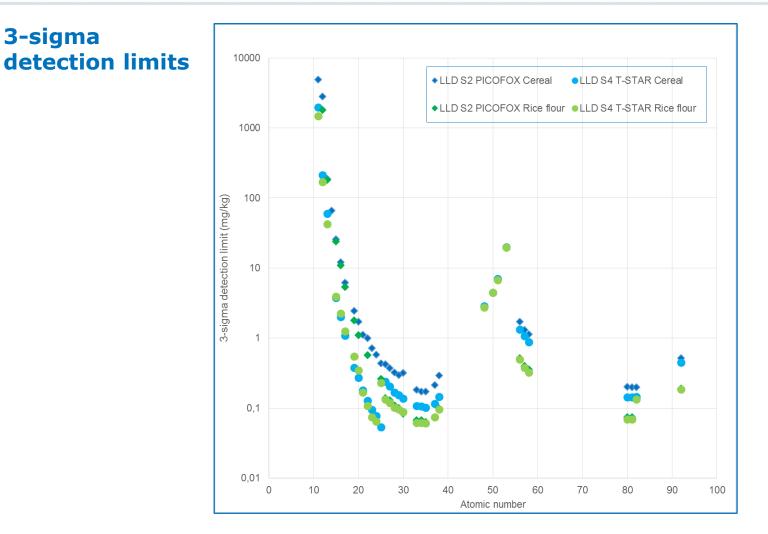


- Hg was slightly below the detection limits (70 200  $\mu$ g/kg)
- Pb could be analyzed in the cereal sample, but was below the detection limit in rice flour samples (~ 130 µg/kg)

#### 6/10/2020

### Results **Detection limits**

3-sigma









- All food sample types, which can be dried and ground to a fine powder, can be analyzed with TXRF applying the described easy suspension preparation
- The quantification is done by means of internal standardization; no external calibrations are necessary
- Elements are detected simultaneously and independent from the concentration ranges
- It was demonstrated that macro nutrients Mg, P, Cl, K and Ca as well as micronutrients Fe, Cu, Zn and Se could be analyzed
- The control for the toxic heavy metals As, Pb and with restrictions Hg is possible
- The S4 T-STAR offers best detection limits and a high analytical flexibility
- The S2 PICOFOX is optimally suited for rapid onsite screening



# TXRF analysis of dietary supplement pills

### The purpose of food supplements is

Objective

- to supplement the normal diet
- This supplements are concentrated sources of nutrients or other substances with a nutritional or physiological effect
- Relevant regulations are the European Directive 2002/46/EC and the US-FDA Dietary Supplement Health and Education Act of 1994









### Methods and Equipment Samples and sample preparation

#### Samples

2 multivitamin/mineral pills

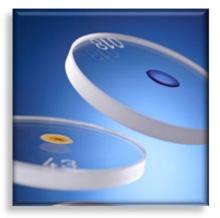
Analytical task

Analysis of Mg, P, Ca, Cr, Zn, Se, Mo and I

### Sample preparation

- Grinding in agate mortar
- Weighing of  $100 \pm 5$  mg sample into vials
- Suspension in 5 ml aqueous Triton X 100 solution (1 vol.-%)
- Addition of 10  $\mu I$  Ni (1 g/l) and 10  $\mu I$  Pd (1 g/l)
- Homogenization
- Pipetting of 10 μl sample onto quartz glass carriers
- Drying in vacuum







### Methods and Equipment Measurements



#### S4 T·STAR

- Mo tube, 50 kV/1000 μA
- W-tube, 50 kV/1000 μA
- 100 mm<sup>2</sup> XFlash SDD

#### Measurements

- Mo-K excitation, 1000 s
- W-Brems excitation, 1000 s

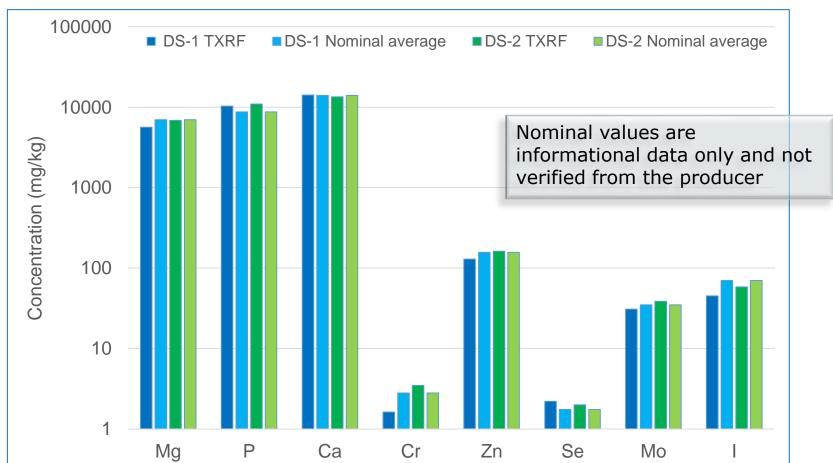


1 <b>H</b> Hydrogen				Mo-K excitation			W-Brems Excitation					2 He Helium					
3 Li	4 Be											5 B	6 C	7 N	8 0	9 F	10 Ne
Lithium	Beryllium											Boron	Carbon	Nitrogen	Oxygen	Fluorine	Neon
11	12											13	14	15	16	17	18
Na	Mg											AI	Si	Р	S	CI	Ar
Sodium	Magnesium											Aluminium	Silicon	Phosphorus		Chlorine	Argon
19	20	21		23	24	25	26	27	28	29	30	31	32	33	34	35	36
K	Ca	Sc	Ti	V	Cr	Mn	Fe	Со	Ni	Cu	Zn	Ga	Ge	As	Se	Br	Kr
Potassium	Calcium	Scandium		Vanadium	Chromium	Manganese		Cobalt	Nickel	Copper	Zinc		Germanium		Selenium	Bromine	Krypton
37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54
Rb	Sr	Y	Zr	Nb	Mo	Тс	Ru	Rh	Pd	Ag	Cd	In	Sb	Sn	Те	- I	Xe
Rubidium	Strontium	Yttrium	Zirconium	Niobium	Molybdenum	Technetium	Ruthenium	Rhodium	Palladium	Silver	Cadmium	Indium	Antimony	Tin	Tellurium	lodine	Xenon
55	56	57		73	74	75	76	77	78	79	80	81	82	83	84	85	86
Cs	Ba	La	Hf	Та	W	Re	Os	lr	Pt	Au	Hg	TI	Pb	Bi	Po	At	Rn
Cesium	Barium	Lanthanum	Hafnium	Tantalum	Tungsten	Rhenium	Osmium	Iridium	Platinum	Gold	Mercury	Thallium	Lead	Bismuth	Polonium	Astanine	Radon
87	88	89															
Fr	Ra	Ac															
Francium	Radium	Actinium															

6/10/2020

### Results Element concentrations



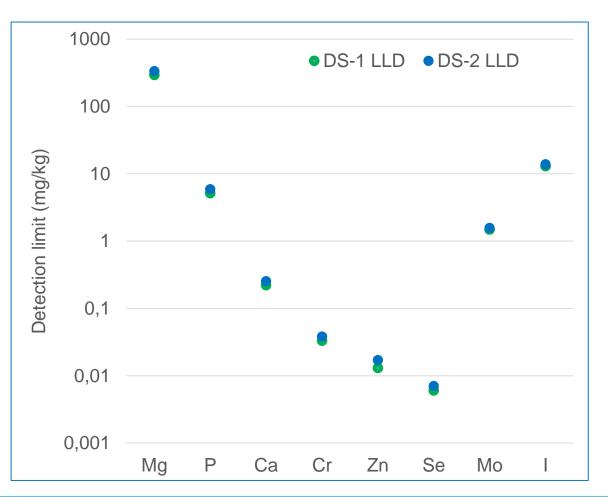


#### Element concentrations

### Results Detection limits



#### **Detection limits**



6/10/2020

 All elements of interest can easily be analyzed with the S4 T·STAR

Summary

- The detection limits are sufficient for the accurate analysis of major and trace nutrients
- The analysis of Cr, Se and Mo according to several AOAC and EN norms is possible (AOAC 2011.19, AOAC 986.15, AOAC 996.17, AOAC 2006.03, EN14627, EN 14082, EN 14083)
- In addition, iodine can be monitored in dietary supplements without laborious sample treatment



Molybdenum



lodine



### TXRF analysis of milk samples

### Objective Samples and sample preparation



#### Samples

- 8 milk samples
- Analytical task
- Analysis of Na, Mg, I and transition metals

### Sample preparation

- Weighing of 1 ml milk into reaction vials
- Dilution with 1,5 ml ultrapure water
- Addition of 10 µl V (1 g/l), 10 µl Ga (100 mg/l) and 5 µl Pd (1 g/l)
- Homogenization
- Pipetting of 10 µl sample onto quartz glass carriers
- Drying in vacuum





### Measurements

#### S4 T-STAR

- Mo tube, 50 kV/1000 μA
- W-tube, 50 kV/1000 μA
- 60 mm<sup>2</sup> XFlash SDD

#### Measurement conditions

- Mo-K excitation, 1000 s
- W-L excitation, 1000 s
- W-Brems excitation, 1000 s



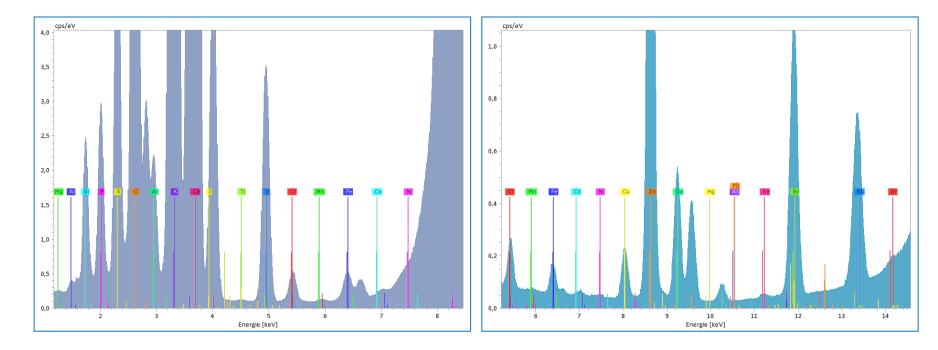


### Measurements



#### Spectra

 Typical spectra of milk measured with W-L (left) and Mo (right) excitation

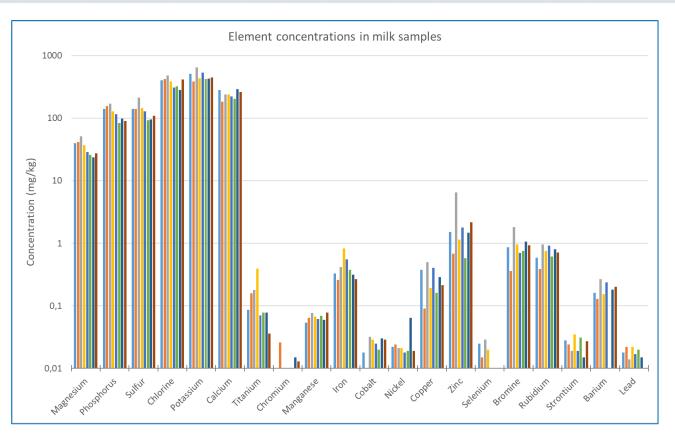


### Results



## Element concentrations

- Different colored bars represent 8 milk samples
- Nutrient element concentration range from 50 ppm to 0,1%
- Trace elements can be detected below 10 ppb

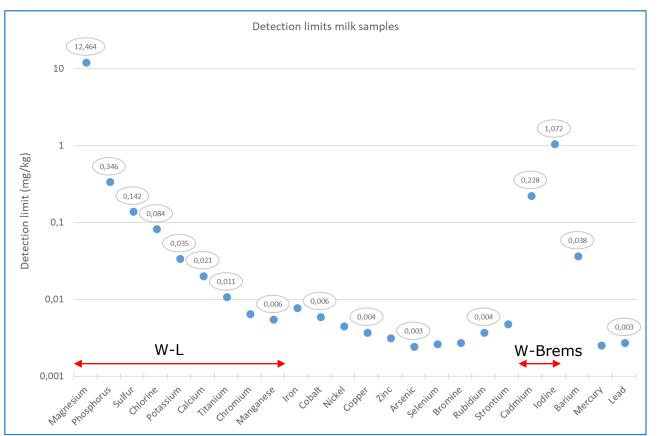


### **Results & Discussion**



#### **Detection limits**

- Untagged elements were measured with Mo excitation
- W-L provides 3 to 10 times better
  LLD for elements
  lighter than Cr
- Identification of toxic elements As, Pb, Cd, Hg at low levels is possible

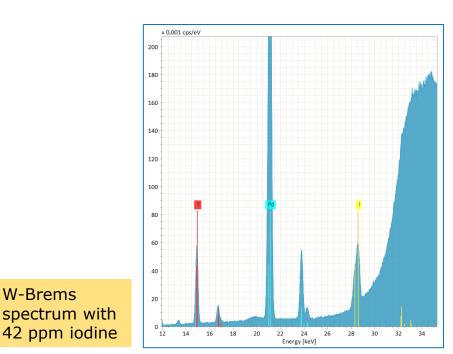


### **Results & Discussion**

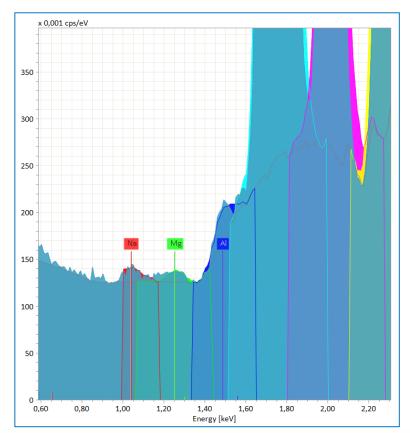


#### Challenging elements

- Na: detectable with W-L excitation •
  - Detection limit about 50 mg/kg \_
- I: improved detection limit of 0,7 • mg/kg without sample dilution



W-L spectrum with 200 ppm sodium



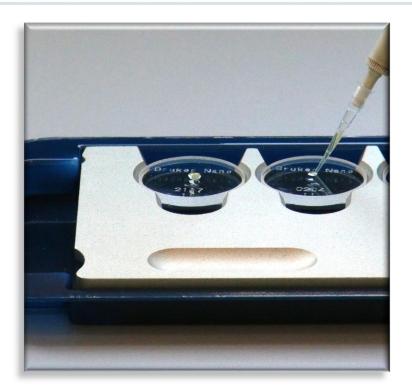
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**W-Brems** 

### Summary



- Applying the S4 T-STAR the entire element range from Na to U can be detected in milk samples
- Detection limits are in the ppb range for almost all elements



Q & A

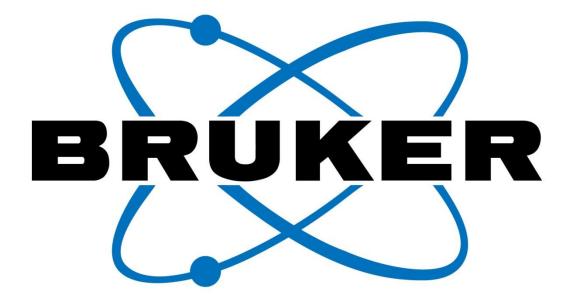
Any Questions?

Please **type in** the questions you may have for our speakers in the **Questions Box** and click **Submit** 









Innovation with Integrity

### Thank you for your attention!

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